



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jaroslav Zeman (51y) 

has successfully competed in
River Labe CZ Ice Swim

Hradec Kralove CZ

02-Dec-2018

500m Freestyle in 09:29.00 minutes

Overall 2nd / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 0.60°C, Wind Chill -0.50°C, 50.21° N




Ram Barkai
IISA Chair

Czech Republic
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION