



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Michał Osowski (25y) 

has successfully competed in
Polish Championship In Ice Swimming

Katowice

12-Jan-2019

500m Freestyle in 12:17.00 minutes

Overall 13th / Age Group (25-29y) 1st

Category Men

Open Water Course

Water 0.60°C, Wind Chill -4.60°C



Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION