



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Carsten Hilker (46y) 

has successfully competed in
Ice Swimming German Open

Veitsbronn

05-Jan-2018

500m Freestyle in 10:40.00 minutes

Overall 16th / Age Group (45-49y) 4th
Category Men

Open Water Course

Water 3.80°C, Wind Chill 6.00°C, 49.51° N




Ram Barkai
IISA Chair

Germany
Chair & Board

