

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Elaine K Howley (46y)

has successfully competed in

**IISA USA Nationals** 

Brookfield Swim Club Chantilly, VA (Washington DC Area) 14-Jan-2024

250m Freestyle in 05:16.88 minutes

Overall 13th / Age Group (45-49y) 4th Category Women

Open Water Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



United States
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION