



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Helmut Ziegner (46y) 

has successfully competed in
Ice Bear Trophy Altenwörth

Altenwörth

13-Jan-2024

250m Freestyle in 04:05.01 minutes

Overall 3rd / Age Group (45-49y) 2nd
Category Men

Pool Course

Water 1.17°C, Wind Chill 1.10°C, Altitude 0m, 48.38° N




Ram Barkai
IISA Chair

Austria
Chair & Board

