

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Wendy Bates (40y) 😹

has successfully competed in IISA GB 2023 Championships

Sandford Lido 12-Feb-2023

250m Freestyle in 04:01.57 minutes

Overall 10th / Age Group (40-44y) 2nd

Category Women

Open Water Course Water 5.47°C, Wind Chill 10.60°C, Altitude 0m N-ICE Swim (>5°C)



Ram Barkai

Chair & Board

Great Britain



INTERNATIONAL ICE SWIMMING ASSOCIATION