



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Catherine Munro (60y) 

has successfully competed in
IISA GB 2023 Championships

Sandford Lido

12-Feb-2023

250m Freestyle in 03:48.60 minutes

Overall 7th / Age Group (60-64y) 1st

Category Women


Open Water Course

Water 5.47°C, Wind Chill 10.60°C, Altitude 0m

N-ICE Swim (>5°C)



IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION



Ram Barkai
IISA Chair

Great Britain
Chair & Board



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ASSOCIATION

INTERNATIONAL ICE SWIMMING ASSOCIATION