



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nadja glæde Tønnesen (34y)** 

has successfully competed in  
IISA 4th World Championship

Glogow, Poland

05-Feb-2022

250m Freestyle in 04:14.43 minutes

Overall 17th / Age Group (35-39y) 2nd  
Category Women [Disabled]

Open Water Course

Water 3.00°C, Wind Chill 1.50°C, Altitude 0m, 51.39° N



Ram Barkai  
IISA Chair

*Poland*  
*Chair & Board*

