





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Patricia Heffernan (60y)



has successfully competed in 5th World Championship - Samoens 2023

> Samoens 14-Jan-2023

100m Backstroke in 01:55.90 minutes

Overall 32nd / Age Group (60-64y) 3rd **Category Women**

Open Water Course

Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION