



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Christopher Young (47y) 

has successfully competed in
Australian Open Ice Swim Challenge

Snowy Mountains, NSW

12-Aug-2023

1000m Freestyle in 24:40.03 minutes

Overall 1st / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 4.50°C, Wind Chill 4.70°C, Altitude 0m




Ram Barkai
IISA Chair

Australia
Chair & Board

