



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**JB Lanza** (39y) 

has successfully competed in

**IISA USA Nationals**

Brookfield Swim Club Chantilly, VA (Washington DC Area)

12-Jan-2024

**1000m Freestyle in 19:59.33 minutes**



Overall 7th / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N