

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Conor O Connor (61y)

has successfully competed in IISA GB 2024 Championships

> Sandford Lido, Cheltenham 06-Jan-2024

1000m Freestyle in 26:58.31 minutes

Overall 16th / Age Group (60-64y) 3rd

Category Men

Pool Course

Water 6.87°C, Wind Chill 6.50°C, Altitude 0m, 51.89° N

N-ICE Swim (>5°C)



Ram Barkai

IISA Chair

Great Britain Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION