

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Caroline Stel (62y)

has successfully competed in

## Amsterdam Ice Swim

Jeugdland Amsterdam 16-Dec-2023

## 1000m Freestyle in 25:41.99 minutes

Overall 13th / Age Group (60-64y) 2nd

Category Women

**Pool Course** 

Water 6.40°C, Wind Chill 9.00°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)



Ram Barkai

**IISA** Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION