



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Carole Laporte (45y) 

has successfully competed in
IISA GB 2023 Championships

Sandford Lido
11-Feb-2023

1000m Freestyle in 16:06.49 minutes

Overall 7th / Age Group (45-49y) 2nd


Category Women

Open Water Course

Water 5.47°C, Wind Chill 10.60°C, Altitude 0m

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board

