



Ice Swim in  
Morocco

# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Arleen Gonzalez** (41y) 

has successfully competed in  
6th Ice Swim in Morocco

Aguelmam Azagza Lake

21-Jan-2023

1000m Freestyle in 22:06.56 minutes

Overall 3rd / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N



Ram Barkai  
IISA Chair

Morocco  
Chair & Board

