



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Conor O Connor** (60y) 

has successfully competed in  
**IISA GB Championships 2022**

Welton Waters Adventure Centre, Common Lane, Welton, Brough, East  
Yorkshire, HU15 1PT

10-Dec-2022

1000m Freestyle in 29:47.00 minutes

Overall 12th / Age Group (60-64y) 2nd  
Category Men

Open Water Course

Water 2.20°C, Wind Chill 1.50°C, Altitude 0m, 53.71° N

**IISA**  
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**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*

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