



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Aleksandra BEDNAREK (20y) 

has successfully competed in

Breast Stroke Polish Championships in Ice Swimming at the
50-m pool
Swietochlowice
01-Dec-2018

1000m Freestyle in 15:04.46 minutes

Overall 2nd / Age Group (18-24y) 2nd
Category Women

Open Water Course

Water -0.02°C , Wind Chill -5.40°C , 50.30°N



Ram Barkai
IISA Chair

Poland
Chair & Board

