



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ulf Karnikowski (33y)** 

has successfully competed in  
**Ice Swimming Aqua Sphere German Open**

Veitsbronn  
04-Jan-2019

**1000m Freestyle in 16:36.20 minutes**

Overall 8th / Age Group (30-34y) 1st  
Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

