



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Frank Hallissey

ICE ID : 247 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lough Derg, Kilaloe, Ireland

12-Feb-2020

1.0000 mile / 1.61km in 34:05 minutes

Water 4.80°C, Wind Chill -1.10°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

