



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Claire Russell**

ICE ID : 195 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Leybourne Lanke, Kent

21-Jan-2017

1.1500 mile / 1.85km in 41:00 minutes

Water 3.90°C, Wind Chill 4.00°C

**YOU ARE OFFICIALLY FROZEN**

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

