



CERTIFICATE OF MEMBERSHIP

This is to certify that

James Bridges

ICE ID : 86 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



64acre Lake, UK

02-Mar-2014

1.1000 mile / 1.77km in 21:43 minutes

Water 4.60°C, Wind Chill 2.00°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

