

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nick Hungerford

ICE ID : 249 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Serpentine, London UK 22-Jan-2020

1.0100 mile / 1.63km in 35:28 minutes Water 4.97°C, Wind Chill 5.00°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com