

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jane Mulderrig

ICE ID: 193 - ICE MILE: 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Rotherham, Sheffield, UK 23-Dec-2017

1.0500 mile / 1.69km in 32:45 minutes Water 4.03°C, Wind Chill 10.70°C

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



