

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Jane Mulderrig

ICE ID : 193 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Harthill, Sheffield 31-Jan-2017

1.0000 mile / 1.61km in 30:43 minutes Water 3.00°C, Wind Chill 0.90°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com