



CERTIFICATE OF MEMBERSHIP

This is to certify that

Amanda Bell

ICE ID : 78 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Ellerton, England

09-Feb-2014

1.2400 mile / 2km in 44:04 minutes

Water 4.70°C, Wind Chill 5.00°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

