



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Pauline Barker

ICE ID : 72 - ICE MILE : 8

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Cornwall, England

11-Feb-2018

1.0000 mile / 1.61km in 44:51 minutes

Water 3.33°C, Wind Chill 1.90°C

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

