

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Pauline Barker

ICE ID: 72 - ICE MILE: 9

has successfully completed an ICE Mile according to the

## INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Lake 32, Cirencester, England. 17-Feb-2018

1.0000 mile / 1.61km in 42:04 minutes Water 3.07°C, Wind Chill 0.00°C

YOU ARE OFFICIALLY FROZEN
5+ ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



