



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Mark Dempsey**

ICE ID : 366 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Clontraf, Ireland

02-Feb-2019

1.0000 mile / 1.61km in 29:09 minutes

Water 2.40°C, Wind Chill 5.00°C

**YOU ARE OFFICIALLY FROZEN**

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

