



CERTIFICATE OF MEMBERSHIP

This is to certify that

Ragnheiður Valgarðsdóttir

ICE ID : 176 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Nauthólsvík, Reykjavík, Iceland

02-Apr-2016

1.0000 mile / 1.61km in 53:04 minutes

Water 3.70°C, Wind Chill 2.60°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

