



CERTIFICATE OF MEMBERSHIP

This is to certify that

Marcin Trudnowski

ICE ID : 218 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Zywieckie lake, Zarzecze, Poland

19-Mar-2017

1.0000 mile / 1.61km in 25:56 minutes

Water 4.52°C, Wind Chill 9.40°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

