

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID : 55 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Lough Dan, Co. Wicklow, Ireland 23-Feb-2014

1.0200 mile / 1.64km in 37:05 minutes Water 3.30°C, Wind Chill 2.80°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com