

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID: 55 - ICE MILE: 10

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

40 Foot , Irish Sea Dublin 08-Mar-2018

1.1000 mile / 1.77km in 34:13 minutes Water 4.70°C, Wind Chill 3.20°C

> YOU ARE OFFICIALLY FROZEN 10+ ICE MILE



Ram Barkai (Chairman) INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com

