



## CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Fergal Somerville**

ICE ID : 49 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lough Dan, Co. Wicklow, Ireland  
14-Feb-2015

1.0000 mile / 1.61km in 31:42 minutes

Water 3.80°C, Wind Chill 5.60°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

