

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Cath Pendleton

ICE ID: 147 - ICE MILE: 9

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Lake Worthersee, Klagenfurt, Austria 19-Feb-2022

1.0000 mile / 1.61km in 35:12 minutes Water 4.17°C, Wind Chill 7.00°C, Altitude 435m, 46.62° N

YOU ARE OFFICIALLY FROZEN
5+ ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



