



CERTIFICATE OF MEMBERSHIP

This is to certify that

Cath Pendleton

ICE ID : 147 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Keepers Pond, Blaenavon

30-Jan-2016

1.1500 mile / 1.85km in 39:16 minutes

Water 4.40°C, Wind Chill 2.40°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

