



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Richard Nyary**

ICE ID : 182 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Spisšká nova Ves, Slovakia**

**18-Jan-2020**

**1.0200 mile / 1.64km in 27:59 minutes**

**Water 2.03°C, Wind Chill 0.00°C**

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

