



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carmel Collins**

ICE ID : 52 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Wild Water, Armagh , Ireland

21-Feb-2016

2.0500 mile / 3.3km in 57:45 minutes

Water 4.63°C, Wind Chill 8.00°C

**YOU ARE OFFICIALLY FROZEN**

Extreme ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

