



CERTIFICATE OF MEMBERSHIP

This is to certify that
Elena Semenova

ICE ID : 133 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Russia, Ulianovsk, Sviyaga river
18-Oct-2015

1.0000 mile / 1.61km in 47:00 minutes

Water 4.33°C, Wind Chill 1.80°C

YOU ARE OFFICIALLY FROZEN
Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

