



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Claire Ryan

ICE ID : 160 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Wild water armagh, N. Ireland

18-Feb-2018

1.0000 mile / 1.61km in 44:31 minutes

Water 4.13°C, Wind Chill 7.00°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

