



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Claire Ryan**

ICE ID : 160 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Wild Water Armagh, Ireland**

**14-Jan-2017**

1.0000 mile / 1.61km in 49:15 minutes

Water 2.03°C, Wind Chill 3.00°C

**YOU ARE OFFICIALLY FROZEN**

Extreme ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

