

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nadine Bennett

ICE ID : 274 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

JD Memorial Park, Mississauga, Canada 25-Nov-2018

1.0300 mile / 1.66km in 33:45 minutes Water 4.10°C, Wind Chill 2.80°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com