



CERTIFICATE OF MEMBERSHIP

This is to certify that

Henri Kaarma

ICE ID : 31 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Tyumen, Russia

16-Dec-2012

1.0300 mile / 1.66km in 25:25 minutes

Water 0.30°C, Wind Chill -33.00°C

YOU ARE OFFICIALLY FROZEN

Extreme, Zero ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

