



CERTIFICATE OF ACHIEVEMENT

This is to certify that

andrea startin

ICE ID : 139 - ICE MILE : 7

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Waterdam, Volendam, Netherlands

19-Jan-2018

1.0000 mile / 1.61km in 31:32 minutes

Water 3.93°C, Wind Chill 4.90°C

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

