



CERTIFICATE OF MEMBERSHIP

This is to certify that

Michelle Carroll

ICE ID : 425 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Lyndon, New Zealand

01-Aug-2021

1.0000 mile / 1.61km in 40:00 minutes

Water 3.97°C, Wind Chill 11.00°C, Altitude 816m, 43.29° S

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

