

CERTIFICATE OF MEMBERSHIP

This is to certify that

Annabel Médard

ICE ID: 404 - ICE MILE: 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Surfplas Reeuwijk, The Netherlands 13-Feb-2021

1.0000 mile / 1.61km in 52:24 minutes Water 0.76°C, Wind Chill -17.90°C

YOU ARE OFFICIALLY FROZEN
Extreme, Zero ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



