



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Melissa Kegler

ICE ID : 382 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Desire, Renton, Washington, USA

14-Jan-2022

1.4000 mile / 2.25km in 51:26 minutes

Water 4.00°C, Wind Chill 4.40°C, Altitude 147m, 47.44° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

