



CERTIFICATE OF MEMBERSHIP

This is to certify that

Cindy Hughes

ICE ID : 380 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Wolcott Lake, Denver, Colorado USA

29-Nov-2020

1.1200 mile / 1.8km in 52:34 minutes

Water 3.87°C, Wind Chill 0.50°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

