



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Alan Gleeson**

ICE ID : 394 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Shannon Rowing Club Limerick**

**30-Jan-2021**

**1.0000 mile / 1.61km in 33:05 minutes**

**Water 4.93°C, Wind Chill 6.90°C**

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

