



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Jaimie Monahan

ICE ID : 178 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Tyumen, Russia
18-Dec-2016

1.0300 mile / 1.66km in 30:20 minutes

Water -0.03°C, Wind Chill -31.00°C

YOU ARE OFFICIALLY FROZEN

Extreme, Zero ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

