



## CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Jaimie Monahan**

ICE ID : 178 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Tyumen, Russia**

**18-Dec-2016**

**1.0300 mile / 1.66km in 30:20 minutes**

**Water -0.03°C, Wind Chill -31.00°C**

**YOU ARE OFFICIALLY FROZEN**

**Extreme, Zero ICE MILE**

A handwritten signature in black ink, appearing to read "RAB".

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

