



CERTIFICATE OF MEMBERSHIP

This is to certify that

Heinrich Langer

ICE ID : 18 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Fraserburg, RSA

23-Jul-2011

1.0000 mile / 1.61km in 31:25 minutes

Water 5.00°C, Wind Chill 10.00°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

